PSHE Curriculum Coverage: EYFS

Each unit will be taught for 3 sessions therefore covering 2 units per half term.

Cycle A	Curriculum Objective	Vocab
Being Me / Autumn One Core Themes: Living in the Wider World: L4, L8, L9 Relationships: R7, R9	ELG: show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.	family wellbeing
Relationships / Autumn One Core theme: relationships: R2, R4, R6, R7, R9	ELG: form positive attachments to adults and friendships with peers.	kind gentle sharing taking turns friend
Being healthy / Autumn Two	ELG: manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.	healthy unhealthy exercise
Being Responsible / Autumn Two Core Themes: Living in the Wider World: L1, L2, L3, L5 Relationships: R4	ELG: explain the reason for rules, know right from wrong and try to behave accordingly. UTW ELG: explore the natural world around them, making observations and drawing pictures of animals and plants.	needs wants rules
Exploring emotions/ Spring One Core Themes: Relationships: R1, R2 Health and Wellbeing: H1, H4	ELG: show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.	sad happy angry nervous excited
Being Safe/ Spring One Core Themes: Health and Wellbeing: H11, H12, H13, H14, H15, H16 Living in the Wider World: L2, L1	ELG: give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involved several ideas or actions. ELG: manage their own basic hygiene and person needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.	real fake danger good touch bad touch pants private
Difference and Diversity / Spring Two Core themes: Living in the wider world: L4, L8, Relationships: R5, R8	ELG: show sensitivity to their own and to others' needs.	same different

	UTW ELG: explain some similarities and differences between life in their country and life in other countries, drawing on knowledge from stories, non-fiction text and- when appropriate- maps.	
Drug Education / Spring Two Core Theme: Health and Wellbeing: H1, H2, H11, H12, H15	ELG: explain the reason for rules, know right from wrong and try to behave accordingly.	rules danger
Bullying Matters / Summer One Core Theme: Relationships: R2, R6, R11, R12, R13, R14	ELG: work and play cooperatively and take turns with others.	friendships kind share upset turn taking co-operation
Money Matters / Summer One Core Theme: Living in the Wider World: L6, L7	ELG: set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. ULW ELG: talk about the lives of the people around them and their roles in society.	job money coins cost
Growing Up / Summer Two Core Themes: Health and Wellbeing: H8, H9, H10, H13, H15, H16, Relationships: R3, R8, R10 Living in the Wider World: L8	ELG: be confident to try new activities and show independence, resilience, and perseverance in the face of challenge.	problem solve adult child
Changes / Summer Two Core Theme: Health and Wellbeing: H5, H8, H9, H13	ELG: be confident to try new activities and show independence, resilience, and perseverance in the face of challenge. UTW ELG: understand some important processes and changes in the natural world around them, including the seasons and changing states of matter.	perseverance ambition dream challenge